

People and the DALES

Diversity, Access, Learning, Environment and Sustainability

2009- 2012

Do you want to visit the Yorkshire Dales, take part in fun activities, enjoy this magnificent landscape, learn about the environment and find out what you can do back home?



If you are part of a community group from a BME, disability, youth or disadvantaged background and live in **West Yorkshire** or **North Lancashire** then take part in 'People and the DALES'.

The aim of the project is to overcome barriers limiting participation and to take part in fun, active, thought provoking

activities which will improve mental and physical well being and inspire people to take part in activities at home.



What we can offer

- **Day visits** - such as nature walks, environmental activities, kite flying, and lambing
- **Conservation work** - dry stone walling, path laying, and woodland management
- **Residentials** - for those that would benefit from a night away from home
- **Opportunities** - to develop links between rural and urban communities
- **Training** - to provide skills for individuals to organise your own visits
- **Help with transport costs**
- **Provision of outdoor clothing**



If you are interested in taking part contact Judy Rogers - activities take place from April 2009



People and the DALES
Yorkshire Dales Millennium Trust
Old Post Office, Main St
Clapham, LA2 8DP 015242 51002
judy.rogers@ydmtd.org



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YORKSHIRE DALES
National Park Authority