

Hapa Zome

Japanese leaf art

BRING NATURE HOME ACTIVITY

One of our favourite activities! Japanese leaf art is really easy to do and makes wonderful bunting, or frame it with twigs to make your own work of art.

What you will need

- Cotton fabric
- Leaves and flowers
- Mallet or smooth rock
- Smooth surface to work on



1

Collect a variety of different leaves and flowers - ones with lots of moisture in them tend to work best. Our favourites are ferns and Herb Robert. Experiment and let us know your favourites.

2

Take a piece of cotton fabric and place it on a smooth surface. Arrange your flowers and leaves on one side of the cotton.

3

Fold the cotton over to cover the plants.

Using a mallet or smooth rock, tap the material until the colours come through. The aim is to crush the plants gently to make a print.



4



When you think you are done, open the fabric and gently brush the remaining crushed plants away to reveal your masterpiece!

5



Frame your Hapa Zome leaf art and don't forget to share your masterpiece with us!

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