



# Lamberts Wood Aysgarth

A circular 4-mile walk taking in woodlands,  
waterfalls and rolling countryside.

Tree planting is one of the most important things we can do for people, landscape and wildlife. At Yorkshire Dales Millennium Trust (YDMT) we're working with our partners, communities and supporters to create a landscape with more native woodlands, where wildlife can thrive.

We create woodlands of all shapes and sizes, as well as hedgerows and individual landscape trees that connect habitats and help reduce biodiversity loss. These new habitats also bring wider benefits for the landscape and environment, helping to absorb carbon, provide natural flood management, control erosion, and even improve water quality.

Communities are at the very heart of our woodlands, and our aim is to engage as many people as possible in creating and caring for them. Working with young people and disadvantaged groups is a key part of that, helping to develop skills, improve well-being and inspire green action.

## Do one simple thing for nature – plant a tree

There is one simple thing you can do for nature right now here in the Yorkshire Dales. A donation of £15 will help us to plant and look after one tree – helping to increase woodland cover, connect wildlife habitats and empower people to stand up for nature. You can even dedicate a tree in one of our supporter woodlands (like Lamberts Wood) to someone special.

Help us plant a tree today  
[www.together-for-trees.org](http://www.together-for-trees.org)

## Green Recovery Challenge Fund



Department  
for Environment  
Food & Rural Affairs

The  
National Lottery  
Heritage Fund



Environment  
Agency



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## Lamberts Wood Route Description



**Start and finish:** Aysgarth Falls, Yorkshire Dales National Park car park  
**Distance:** 4 miles | 6.4 km  
**Time:** 2–3 hrs  
**Accessibility:** Mostly moderate with one steep uphill section. Some rough terrain with many stiles to cross  
**Facilities:** Toilets, pubs, cafes, and other parking available at Aysgarth Falls  
**Map:** Use this leaflet in conjunction with the Explorer OL30 Yorkshire Dales Southern & Western map

- 1 Take the footpath at the far end of the car park furthest away from the road sign posted to the **'Upper Falls'**.  
Follow the path downhill to meet with the road. Cross over the road bridge and go straight ahead up the steep steps sign-posted to St Andrews Church.
- 2 Turn left at the top of the steps into the church yard where you will see a large **copper beech tree**. Follow the footpath straight through the graveyard and, through a corner gate and into a field with a barn up on the right. Follow the path, away from the church, through a wall gate and into a mature woodland dominated by sycamore.  
Out of the woodland the path follows the fence line next to **Josie's Wood** planted in 2009. Follow the path along the riverbank passing through a gate where **Lamberts Woodland** can be seen on the right-hand side. Follow the path alongside the woodland, there is no access to the river from this footpath, but the falls can be seen through the trees.  
Go through another small gate and continue alongside the river where lots of hazel can be seen growing on the banks. The path continues to follow the river, passing through three more wall gates with a **huge ash tree** hanging over the third wall.
- 3 Here the path moves away from the river, across a field to a gate in the corner by the main A684 road, next to **Hestholme Bridge**.

- 4 Turn right on the road (beware of fast, oncoming traffic) and carefully make your way approximately 150 metres up the road to where the road turns sharp right, cross over to the footpath sign posted to **Eshington Bridge**.  
Follow the path beside the beck (**Bishopdale beck**) and over a stile looking out for the alder that grow on the banks of the watercourse. The path will lead you through a gate into a small woodland where a huge alder can be seen on the right-hand side just as you enter the woodland.  
As you pass out of the woodland keep to the 'designated footpath' and continue to follow the beck passing the holiday cabins, through a gate and then past more cabins until you reach a wooden footbridge. You'll pass through **Molly's Farm** where you might see the alpacas!  
Keep by the beck going straight on through gates and fields until you cross a field and the path takes you through a small copse before you reach the road. There's an information board here about Bishopdale Beck Restoration project.
- 5 Cross diagonally over the road and follow the sign to **Thoraby via Eastfield Lane** up the lane a short distance and then through the wall gate following the footpath sign to Aysgarth ¾ crossing Dike (or Dyke) Hollins Lane. Through the next gate you will head steeply uphill bearing left and passing through a gate in a fence next to a barn on your right. On a clear day there are good views looking back across the valley.

- Continue uphill through a wall gap by a **big sycamore tree**.  
Cross the field diagonally, uphill keeping to the left of the walls and field barn. Keep on through the next two gates following the footpath straight ahead uphill to a wall gate on the right at the top. Cross the field to join with a lane.
- 6 Turn left on the lane and take the immediate footpath on the right to Aysgarth ¼ mile. Head straight across the fields (view of **Bolton Castle** in the distance) through another three gates to meet the road.
- 7 Walk downhill to meet the main road by the garage. Turn left towards Bainbridge and Hawes, past the **George and Dragon Pub** and cross over before the bend in the road.
- 8 Turn right a **Wellfield House** and go past the Methodist Church, bearing right down the lane. At the end of the lane go through the gate next to Field House and cross the field to a wall gap. Follow the footpath sign left along a wall. Keep straight on through fields and several wall gaps, eventually reaching a campsite. Keep following the footpath through the campsite to meet the road opposite **St Andrews Church**.
- 9 Here you can either follow the path alongside the road back downhill and across the bridge, or cross over into the churchyard and follow the path on the left through the graveyard and back to the steps you came up at the beginning of the walk. Retrace your steps back to the car park.





# Lamberts Wood

